

modern midwives



As the primary birth attendant in Sweden for 300 years, today's Midwives continue to demonstrate safe, satisfying, quality care.

Why consider a Midwife?

Shift Power from Provider to Person: Midwives

- Listen, and seek to understand 'thestory' followed by important medical history
- Encourage discussion, active engagement, and menu of choices
- Respect and treat everyone as a human being
- Develop relationship-based care to establish trust
- Dedicate needed time to explain answers to questions
- Support informed decisions and help navigate pathways to achieve them

Provide Choices in Childbirth: Midwives

- Support decision for place of birth whether home, birth center, or hospital
- Consistently have lower rates of c-section compared to others caring for similar populations
- Collaborate with other health care providers as needed
- Focus visit on comprehensive education, health promotion, and risk-reduction discussions
- Provide screening and supportive resources that impact health

Care for Women thru Lifespan: Midwives

- Manage and prescribe all non-surgical methods of family planning
- Assess overall health, life, and environment related to gynecologic needs and concerns
- Collaborate with a variety of health care providers
- Consistently rated with high satisfaction by those who receive care